



Food and Agriculture
Organization of the
United Nations



World Pulses Day Twitter Chat: What is the role of beans, chickpeas, lentils and other pulses for the health of people and the planet?

Monday, February 11, 2019

10:00 AM – 11:00 AM (EST)

Host: @FAONorthAmerica

Hashtag: #PulsesChat, #WorldPulsesDay

Additional Hashtags: #WPD2019, #LovePulses

Background

After FAO's successful 2016 [International Year of Pulses Campaign](#), the UN General Assembly adopted a resolution to dedicate 10 February as an annual day for pulses. World Pulses Day aims to promote continued positive momentum surrounding these healthy, nutritious, protein-rich, nitrogen-fixing legumes.

In recognition of the inaugural World Pulses Day, FAO North America is hosting a Twitter Chat on Monday, February 11, 2019 from 10:00 AM – 11:00 AM (EST) to engage the public in a discussion about the benefits of pulses and to highlight initiatives underway to promote their increased consumption.

The below questions will be posted in 10-minute intervals on the account of FAO North America (@FAONorthAmerica).

Questions for the #PulsesChat:

Q1: What are pulses?

Q2: What benefits do pulses have for human health?

Q3: How can pulses contribute to sustainable food systems and #ZeroHunger?

Q4: How can we further unleash the full potential of pulses?

Q5: What is your favorite recipe with pulses?

Please post your answer starting with "A1:" "A2:" as answer to the Q-card or as normal post with the main hashtag for the chat #PulsesChat.

For additional information, please contact florian.doerr@fao.org